

Implant Surgery Post Op

Following the surgical procedure and implant placement (fixture) please take the following precautions. This information is provided to help you through the post-operative period. Please read the following carefully and feel free to call Dr Hadjipetrou if you have any questions after having read this brochure.

The gum has been sutured (stitched) over the implant to hide it for now and keep it as sterile as possible.

PAIN:

There will be some pain the first 1-2 days. Take some medium analgesics such as Nurofen or Panadiene (and antibiotics, if indicated). Take them as directed.

SWELLING/BLEEDING:

You may get some swelling/bruising around the implant or even the outside of the face. This is normal. Place icepack on outside of the face in area of implant for the next 6 or so hours. Bleeding should be well controlled with sutures. These are self-dissolving over the next 1-2 weeks. Light bleeding is to be expected as the anaesthetic wears off. Avoid forcibly spitting out or sucking it as this will make the bleeding worse. If you notice any unusual bleeding apply a rolled gauze pack over the bleeding area and BITE FIRMLY for 30 minutes. If bleeding continues rinse mouth with cold water to rinse away blood clots from the mouth and reapply fresh gauze pack for a further 30 minutes. Repeat if bleeding persists. Should bleeding continue, call Dr Hadjipetrou.

FOOD:

Please eat away from the area during the first few days so that it does not disturb the flap. The sutures are self-dissolvable and will fall out on their own over the next 1-2 weeks. Avoid hot foods or drinks the first day. You may have a liquid meal the same day or evening and subsequently soft foods as tolerated.

ORAL HYGIENE:

Keep it clean inside your mouth with regular rinsing inside your mouth. Rinse your mouth with hot (as tolerated) salty water i.e. 2-3 teaspoons of salt to a glass of hot water leave in your mouth for half a minute before spitting it out. Do this at least after each meal for 1-2 weeks and additionally throughout the day every 2-3 hours. Brush your remaining teeth gently as tolerated.

PROBLEMS AND PRECAUTIONS:

If any unusual problems arise call Dr Hadjipetrou on the after-hours number. Post-operative complications such as infection are uncommon and arise very rarely. If in doubt about the progress of recovery and especially if you notice:

- 1) Increase in pain after the first three or four days
- 2) Swelling increasing after the third day and no improvement from first day
- 3) Foul odour unrelieved by oral hygiene or if you notice discharge from wounds.
- 4) Persistent nausea/vomiting.

For queries during business hours phone the surgery on 3844 8606 or after hours 0418 190 554.

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