

Porcelain/ Composite Post Op

As I have advised you in the surgery after I completed them, in order that the veneers can give you long term aesthetic results they will require thorough brushing with a soft toothbrush, careful flossing and obviously minimize as much as possible, coffee and tea drinking and smoking. Staining on these veneers will occur over a period of time, but these stains are usually superficial, and they can be polished and removed at your regular 6 monthly scale and clean appointment.

Remember that the weakest point is the biting edge so refrain from eating anything very hard at the tip of your front teeth. Any chippings or breaks can very easily be restored.

Occasional rinsing with warm salty water can benefit the healing of the gums at the initial stage, but you may continue to use it every night if you like after brushing. You can use a non-staining mouthwash as an antibacterial also.

The initial sensitivity that usually occurs after the placement of the veneers should be slowly settling down by now and certainly over a period of about 2 to 4 weeks it should be quite comfortable. If it lasts longer than normal and the sensitivity is severe, it can be managed through the use of desensitizing toothpaste, such as Sensodyne.

Any irritations or concerns that you have about the composite veneers please do not hesitate to let me know so that we can adjust them if necessary.

It has been a pleasure helping you achieve your desired aesthetic smile. We shall be contacting you when you'll be due for your regular 6 monthly examination and scale and cleaning appointment.

Looking forward to seeing you then